

Week 2 Breakfast and Lunch Menu



	Monday 28-Jan	Tuesday 29-Jan	Wednesday 30-Jan	Thursday 31-Jan	Friday 1-Feb	Saturday 2-Feb	Sunday 3-Feb
	Scrambled Eggs/ Tofu Scramble Cornbeef Hash Chicken Sausage Blueberry Pancake Day Homefries Cinnamon and Raisin Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping	Egg Benedict Turkey Bacon Sausage Patties Chocolate Chip Pancakes Baked Hash Brown Patty Cranberry Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping	Sausage, Egg and Cheese Croissant Chicken Sausage Sausage Links French Toast Sticks Shredded Hash Browns Cinnamon Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping	Scrambled Eggs/ Tofu Scramble Sausage Gravy with Biscuits Turkey Sausage Patties Banana Pancakes Tater Tots Brown Sugar Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping	Scrambled Eggs/ Tofu Scramble Chicken Sausage Pork Sausage Links Oven Baked Cinnamon Rolls Topped w/ Maple Syrup Home Fries Apple Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping	Scrambled Eggs/ Cheesy Eggs Crispy Bacon Turkey Sausage Links French Toast Tater Tots Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping	Scrambled Eggs Turkey Bacon Sausage Links French Toast Potatoes O'Brien Oatmeal Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping
	Sizzlin' Salad Chicken, Tofu Lettuce, Spinach, Shredded Carrots, Cucumbers, Tomatoes, Cheddar Mushrooms, Onions, Sliced Avocado Sriracha Ranch	Taco Tuesday Seasoned Ground Beef Salsa, Sour Cream Shredded Lettuce, Diced Tomatoes Shredded Cheese, Jalapenos Hard and Soft Shell Tacos	Fajitas Thin Sliced Marinated Beef Shredded Lettuce, Diced Tomatoes, Diced Onions Mexican Rice, Green Onions, Jalepenos Salsa, Sour Cream,	BBQ Pulled Pork Wraps Flour Tortilla Diced Onions, Diced Tomatoes Shredded Lettuce Jalapenos, Chipotle BBQ Sauce Creamy Cajun Coleslaw	Mediterranean Style Chicken Wraps Grilled Marinated Chicken Black Olives, Diced Red Bell Pepper Feta Cheese Greek dressing Flour Tortilla		
	Bacon Lettuce and Tomato Toasted Sandwich	Toasted Italian Sandwich	Hot Toasted Veggie & Cheese Sandwich	50 States - New Hampshire: Monterey Ranch Panini	Toasted Ham and Provolone Cheese Sandwich		
	Chicken ala King Egg Noodles Cauliflower Sautéed Carrots	Slow Roasted Beef Sandwiches Augratin Potatoes Roasted Rutabagas and Carrots Steamed Broccoli	Chicken Sovlaki Garlic Parmesan Zucchini Roasted Greek Potatoes Stewed Tomatoes and Spinach	Grilled Marinated Chicken Scaloped Potatoes Steamed Broccoli Mexican Cauliflower Rice	Beer Battered Haddock Macaroni and Cheese Steamed Cauliflower Peas		
	BLT Pizza Cheese Pizza Pepperoni Pizza Penne and Spaghetti Marinara and Alfredo Sauce Fresh Sautéed Garlic Mushrooms	Roasted Vegetables and Spinach Calzone Cheese Pizza Pepperoni Pizza Penne and Spaghetti Marinara and Alfredo Sauce Fresh Sautéed Garlic Mushrooms	Buffalo Chicken Mac-n-Cheese Pizza Cheese Pizza Pepperoni Pizza Penne and Spaghetti Marinara and Alfredo Sauce Fresh Sautéed Garlic Mushrooms	French Onion Soup Grantin Cheese Pizza Pepperoni Pizza Shell and Linguine Meat Sauce and Pesto Cream Sauces Fresh Sautéed Oregano Zucchini	Broccoli White Pizza Cheese Pizza Pepperoni Pizza Shell and Linguine Meat Sauce and Pesto Cream Sauces Fresh Sautéed Oregano Zucchini	Sausage, Egg and Cheese Pizza Bacon, Egg and Cheese Pizza Mexican Egg Pizza	Sausage, Egg and Cheese Pizza Bacon, Egg and Cheese Pizza Mexican Egg Pizza
	Creamy Fettuccine Carbonara Tuscan Garbanzo Beans Sautéed Green Beans with Roasted Red Peppers	Vegan Big Mac Wild Rice Herbed Zucchini	Southern Shepards Pie Spinach Tofu Roasted Cauliflower	Tofu Lasagna Stuffed Portobello Stewed Tomatoes and Spinach	Sweet Potato & Black Bean Enchiladas Tomato Basil Rice Butternut Squash with Spinach		
	Grilled Hamburgers Grilled Ham and Cheese House Made Fresh Cut Fries	Grilled Chicken Breast Sun-Dried Tomato and Artichoke Flatbread Tater Tots	Grilled Hamburgers Chicken Tenders House Made Fresh Cut Fries	Grilled Chicken Breast Sahlen Hot Dogs Crinkle Fries	Grilled Hamburgers Grilled Black Bean Burger House Made Fresh Cut Fries	Hot Ham, Egg and Cheese on Roll Chicken Taco French Fries	Pizza Breakfast Burrito Cinnamon Rolls with Maple Sauce Tater Tot Coins
	Spinach Salad with Bacon Vinaigrette Dressing Chickpea Salad Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Spinach Salad with Bacon Vinaigrette Dressing Chickpea Salad Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Sesame Chicken Pasta Salad Cilantro Lime Coleislaw Spinach and Artichoke Dip	Sesame Chicken Pasta Salad Cilantro Lime Coleislaw Spinach and Artichoke Dip	Cheese Tortellini Salad with Peas tossed with Feta, Mint and Basil Corn Salad Buffalo Wing Dip with Fresh Housemade Tortilla Chips	Cheese Tortellini Salad with Peas tossed with Feta, Mint and Basil Corn Salad	Cheese Tortellini Salad with Peas tossed with Feta, Mint and Basil Corn Salad
	Mushroom Leek Soup Italian Wedding Soup	Asian Vegetable Noodle Soup Ham & Bean Soup	Cream Of Broccoli Soup Vegetable Soup	Cream of Tomato Soup Chicken Noodle Soup	Veggie Cheddar Soup New England Clam Chowder	Cream of Asparagus Beef Chili	Cream of Asparagus Beef Chili

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item