

Week 2 Dinner Menu



	Monday 28-Jan	Tuesday 29-Jan	Wednesday 30-Jan	Thursday 31-Jan	Friday 1-Feb	Saturday 2-Feb	Sunday 3-Feb
	Greek Salad Toss Mixed Greens Black and Green Olives Dice Tomatoes, Diced Red Onions Diced Cucumber, Diced Red Peppers Oregano, Feta Cheese and Greek Dressing		Chicken Fried Rice Diced Chicken, Fried White Rice Scallions, Eggs Diced Bell Pepper, Diced Carrots, Diced Celery Peas Soy Sauce, Sesame Oil		Peirogies Deep Fried Mini Peirogies Hot Sauce, Boom Boom Sauce Sweet Chili Sauce Sour Cream		
	Bacon, Lettuce and Tomato Toasted Sandwich	Toasted Italian Sandwich	Hot Toasted Veggie & Cheese Sandwich	States - New Hampshire: Monterey Ranch Panini	Toasted Ham and Provolone Cheese Sandwich		
	Grilled Steaks Herb Roasted Potatoes Sautéed Green Beans Steamed Dill Carrots	Grilled Orange Chicken Thighs Rice Pilaf Steamed Oregano Broccoli Sautéed Swiss Chard	Southern Breaded Pork Chops with Country Gravy Creamy Mashed Potatoes Sautéed Herb Zucchini Roasted Oregano Rutabagas	BBQ Beef Brisket Mac-n-Cheese Sautéed Green Beans Cauliflower Corn Bread	Shrimp Scampi with Angel Hair Pasta Au gratin Potatoes Roasted Corn Roasted Cauliflower	Buttermilk Fried Chicken Mashed Potatoes Grilled Zucchini Collard Greens with Black-eyed Peas Cavatappi Marinara Sauce	Beefaroni Roasted Mushrooms with Peas Seasoned Green Beans Cavatappi Alfredo Sauce
	BLT Pizza Cheese Pizza Pepperoni Pizza Penne and Spaghetti Marinara Alfredo Meatballs	Roasted Vegetables and Spinach Calzone Cheese Pizza Pepperoni Pizza Penne and Spaghetti Marinara Alfredo Meatballs	Buffalo Chicken Mac-N- Cheese Pizza Cheese Pizza Pepperoni Pizza Penne and Spaghetti Marinara Alfredo Italian Sausage	Chipotle BBQ Chicken Pizza Cheese Pizza Pepperoni Pizza Shell and Linquine Marinara Alfredo Italian Sausage	Broccoli White Pizza Cheese Pizza Pepperoni Pizza Shells and Linquine Marinara Alfredo Diced Chicken	Broccoli and Cheese Calzone Cheese Pizza Pepperoni Pizza	Sun-dried Tomatoes, Spinach and Artichoke Pizza Cheese Pizza Pepperoni Pizza
		Mexican Quinoa Black Bean Cakes with Lime-Peppered "Mayo" Sautéed Squash		Possible BBQ Burger with Carmelized Onions Roasted Parsley Potatoes Steamed Broccoli			
	Grilled Chicken Breast Grilled Cheese French Fries 	Grilled Hamburgers Pizza Logs House Cut Fries 	Grilled Chicken Breast Black Bean Burgers French Fries 	Grilled Hamburgers Grilled Hot Dogs House Cut Fries 	Grilled Chicken Breast Grilled 3 Cheese Sandwich Curly Fries	Grilled Hamburgers BLT Flatbread Tater Tot Coins 	Grilled Chicken Breast Turkey & Cheese Sandwich House-Cut Fries
	Spinach Salad with Bacon Vinaigrette Chickpea Salad Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Spinach Salad with Bacon Vinaigrette Chickpea Salad Pimento Cheese Dip with Fresh Homemade Tortilla Chips	Sesame Chicken Pasta Salad Cilantro Lime Coleslaw Spinach and Artichoke Dip	Baked Potato Salad Cilantro Lime Coleslaw Spinach and Artichoke Dip	Cheese Tortellini Salad with Peas tossed with Feta, Mint and Basil Corn Salad Buffalo Wing Dip with Fresh Homemade Tortilla Chips	Cheese Tortellini Salad with Peas tossed with Feta, Mint and Basil Corn Salad 	Cheese Tortellini Salad with Peas tossed with Feta, Mint and Basil Corn Salad
	Mushroom Leek Soup Italian Wedding Soup	Asian Vegetable Noodle Soup Ham & Bean Soup	Cream of Broccoli Soup Vegetable Soup	Cream of Tomato Soup Chicken Noodle Soup	Veggie Cheddar Soup New England Clam Chowder	Beef Chili Cream of Asparagus	Beef Chili Cream of Asparagus

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- Denotes Vegetarian Item
- Denotes Vegan Item
- Denotes Gluten-Free Item