

Week 1 Breakfast and Lunch Menu



	Monday 3-Dec	Tuesday 4-Dec	Wednesday 5-Dec	Thursday 6-Dec	Friday 7-Dec	Saturday 8-Dec	Sunday 9-Dec
	<ul style="list-style-type: none"> GF V Scrambled Eggs GF Cornbeef Hash GF Chicken Sausage V Cinnamon French Toast GF VA Potatoes O'Brien GF VA Grits GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping 	<ul style="list-style-type: none"> V Eggs Benedict GF Turkey Bacon Sausage Patties V Buttermilk Pancakes GF VA Baked Hash Brown Patty VA Cream of Wheat GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping 	<ul style="list-style-type: none"> Scrambled Eggs/ Cheesy Scrambled Turkey Sausage Patties Sausage Links V French Toast Sticks GF VA Shredded Hash Browns VA Oatmeal GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping 	<ul style="list-style-type: none"> Scrambled Eggs/ Scrambled Tofu Sausage Gravy with Biscuits Turkey Sausage Links Chocolate Chip Pancakes GF VA Tater Tots GF V Cheesy Grits GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping 	<ul style="list-style-type: none"> GF V Scrambled Eggs GF Chicken Sausage GF Pork Sausage Links V Grilled Texas French Toast GF VA Shredded Hash Browns VA Honey Oats GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping 	<ul style="list-style-type: none"> GF V Scrambled Eggs GF Crispy Bacon GF Sausage Patties Chocolate Chip Pancakes GF VA Tater Tots VA Oatmeal GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping 	<ul style="list-style-type: none"> GF V Scrambled Eggs GF Turkey Bacon GF Sausage Links V French Toast GF VA Potato O'Brien VA Cream Of Wheat GF V Cage Free Eggs Made to Order Omelet Station Belgian Waffle Bar w/ Fruit Topping
	<p>Chef Salad Ham, Turkey Iceberg Lettuce, Cheddar Cheese, Diced Eggs Cucumbers, Tomatoes Croutons Ranch and Honey Mustard Dressing</p>	<p>Taco Tuesday Hard Taco & Soft Taco Shell Chicken, BBQ Cauliflower & Chickpeas Chili Lime Slaw, Jalapenos Lettuce, Tomato, Cheddar Cheese Sour Cream, Salsa</p>	<p>Kimichi Fried Rice Chicken Kimichi, White Rice Sesame Oil, Soy Sauce Fried Egg Chopped Scallions</p>	<p>Stir Fry Thursdays Tofu, Stir Fry Veggies Baby Corn, Water Chestnut White Rice Soy Sauce, Teriyaki Sauce Sesame Oil, Ginger, Garlic</p>	<p>Mediterranean Style Spaghetti Spaghetti, Spaghetti Squash Black Olive, Green Olives Diced Red Bell Peppers and Zucchini Feta Cheese Olive Oil, Garlic and Oregano</p>		
	<p>Bacon Chicken Jack Featured Item: Horseradish Mayo</p>	<p>Super Italian Featured Item: Baby Spinach</p>	<p>Hot Buffalo Chicken with Cheese and Bacon On Ciabatta Featured Item: Avocado</p>	<p>Vegetarian Special Featured Item: Sun-Dried Tomato Pesto</p>	<p>Hot Pizza Sub Featured Item: Artichoke Heart</p>	<p>Turkey Club</p>	<p>Deli Club</p>
	<ul style="list-style-type: none"> GF V Chicken Korma GF V Basmati Rice GF VA Steamed Broccoli GF VA Roasted Cauliflower 	<p>Open Faced Turkey Sandwich</p> <ul style="list-style-type: none"> GF V Mashed Potatoes GF VA Sweet Peas GF V Spaghetti Squash 	<p>Pork and Pineapple Stir Fry</p> <ul style="list-style-type: none"> GF VA Baked Apples GF VA Red Beans and Rice GF VA Ragout 	<ul style="list-style-type: none"> GF Marinated Chicken Tenders V Macaroni and Cheese GF VA Corn GF VA Roasted Broccoli 	<ul style="list-style-type: none"> GF VA Creole Cornmeal Catfish GF VA Roasted Garlic Potatoes GF VA Herb Sautéed Zucchini GF VA Mustard Carrots 		
	<ul style="list-style-type: none"> V Sausage Stromboli V Cheese Pizza V Pepperoni Pizza VA Cavatappi and Spaghetti V Marinara and Alfredo Italian Sausage 	<ul style="list-style-type: none"> V Grilled Vegetable Pizza V Cheese Pizza V Pepperoni Pizza VA Cavatappi and Spaghetti V Marinara and Alfredo Italian Sausage 	<ul style="list-style-type: none"> Bacon and Onion White Pizza V Cheese Pizza V Pepperoni Pizza VA Cavatappi and Spaghetti V Marinara and Alfredo Italian Sausage 	<ul style="list-style-type: none"> V Mushroom & Red Pepper Pizza V Cheese Pizza V Beef on Weck Pizza VA Cavatappi and Spaghetti V Marinara and Alfredo Meatballs 	<ul style="list-style-type: none"> V Meat Lover Calzone V Cheese Pizza V Pepperoni Pizza VA Cavatappi and Spaghetti V Marinara and Alfredo Meatballs 	<ul style="list-style-type: none"> V Cheese Calazone V Cheese Pizza V Pepperoni Pizza 	<ul style="list-style-type: none"> V Banana Pepper Pizza V Cheese Pizza V Pepperoni Pizza
	<ul style="list-style-type: none"> GF Vegan Sausage and Mushroom Etofe GF VA Brown Rice GF VA Steamed Broccoli 	<ul style="list-style-type: none"> GF VA Vegan Meatloaf GF VA Mashed Sweet Potato GF VA Sweet Peas 	<ul style="list-style-type: none"> VA Vegan Lentil Pasta with Sausage GF Cauliflower Chickpea Patties GF VA Herb Sautéed Zucchini 	<ul style="list-style-type: none"> VA Black Bean and Sweet Potato Burritos GF VA Oven Brownded Red Potatoes GF VA Roasted Broccoli 	<ul style="list-style-type: none"> GF VA Vegan Sausage, Peppers, Onion and Potatoes GF VA Cauliflower Buffalo Wings GF VA Sautéed Squash 		
	<p>Grilled Chicken Sandwich Gyro Quesadilla GF VA Fresh Fried Potato Chips</p>	<p>Grilled Veggie Burger Buffalo Blue Burger GF VA French Fries</p>	<p>Taco Bar Italian Flat Bread Melt GF VA French Fries</p>	<p>Philly Cheese Steak V Grilled Cheese Sandwich GF VA French Fries</p>	<p>Battered Fish Sandwich Hot Dog w/ Chili Cheese Sauce GF VA Fresh Fried Potato Chips</p>	<p>Egg, Cheese & Bacon Burritos Spicy Chicken Filet GF VA French Fries</p>	<p>Egg, Sausage & Cheese Bagel Grilled Hamburgers GF VA Tater Tots</p>
	<ul style="list-style-type: none"> V Italian Pasta Salad GF VA Greek Roasted Garbanzo Bean Salad GF Hummus with Pita Chips 	<ul style="list-style-type: none"> V Italian Pasta Salad GF VA Greek Roasted Garbanzo Bean Salad GF Hummus with Pita Chips 	<ul style="list-style-type: none"> GF BLT Pasta Salad GF V Texas Slaw GF Roasted Red Pepper Hummus with Grill Pita Chips 	<ul style="list-style-type: none"> GF BLT Pasta Salad GF V Texas Slaw GF Roasted Red Pepper Hummus with Grill Pita Chips 	<ul style="list-style-type: none"> V Tortellini Salad GF Indian Summer Salad GF Buffalo Chicken Wing Dip with Homemade Tortilla Chips 	<ul style="list-style-type: none"> V Tortellini Salad GF Chicken Mango Salsa Salad w/ Chipotle Lime Vinaigrette 	<ul style="list-style-type: none"> V Tortellini Salad GF Chicken Mango Salsa Salad w/ Chipotle Lime Vinaigrette
	<ul style="list-style-type: none"> V Cream of Cauliflower Soup V Hamburger Macaroni Soup 	<ul style="list-style-type: none"> V Potato Broccoli Soup GF Italian Sausage Soup 	<ul style="list-style-type: none"> GF Beans and Greens GF V Stuffed Pepper Soup 	<ul style="list-style-type: none"> V Cream of Tomato GF Turkey Wild Rice Veggie Soup 	<ul style="list-style-type: none"> V Vegetable Soup GF New England Clam Chowder 	<ul style="list-style-type: none"> GF Chicken Noodle Soup GF Cream of Vegetable Soup 	<ul style="list-style-type: none"> GF Chicken Noodle Soup GF Cream of Vegetable Soup

* Contains or may contain raw or undercooked ingredients. Consuming raw or uncooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness.

- V Denotes Vegetarian Item
- VA Denotes Vegan Item
- GF Denotes Gluten-Free Item